



Spouse/Partner & Family Caregiver Support Group

Sometimes loved ones face special challenges when their Veteran returns home from a war zone or has sustained a life changing injury.

Group support may help.

Sample topics for discussion include:

- Re-establishing emotional connections
- TBI (Traumatic Brain Injury)
- Post Traumatic Stress Disorder
- Social support
- How did your Veteran's deployment impact you?
- Understanding your Veteran's "combat skills" & the transition home

Group to meet monthly on the 3rd Thursday, 5:30 p.m.

**VA New Jersey Health Care System ~ Lyons Campus ~ 151 Knollcroft Road, Lyons, NJ
Building 4, Transition Unit**

To RSVP, contact: Carol Cashin at 908-647-0180 x4788 or carol.cashin@va.gov.